Dear Sociology Students,

It is my pleasure to welcome you to UCLA Sociology as vice-chair for undergraduate studies, a professor in this department, and a fellow UCLA sociology major (class of 1999). You are attending one of the best sociology departments in the country. Scholars at UCLA Sociology study everything from the dynamics of conversation to immigration to death as a social process. Members of this department use a wide variety of methods, ranging from survey data analysis to social networks to ethnography. And the best thing is that we offer courses on all of that!

I want to give you some advice on how best to engage with the department’s offerings that you might otherwise overlook. My first big piece of advice is to seek out interpersonal interaction with faculty. Go to office hours and while there make sure you discuss not only problems but also curiosity. It’s fine to ask for clarification or discuss problems in office hours, that’s a big part of what they’re for, but I assure you that you’ll see your professor light up if and when the conversation turns to “I thought that part of the lecture was really interesting, can you tell me what else to read” or “I noticed in yesterday’s lecture you said X but last quarter Professor Z said Y, how does that fit?” Taking a fiat lux class is also a great opportunity to engage in a small group discussion with faculty on issues close to their research. In addition, if your course has an honors section - take it. All of these things may seem like “extra” work, and they are, but they are also the best part. If you have to bake the cake anyway, go to the extra effort to put some icing on it and you’ll enjoy it more.

My other big piece of advice is to dedicate yourself to learning research methods. The substantive and theoretical knowledge we provide in teaching is intended to be valuable, but research methods provide the kind of sublime satisfaction you get from any craft, much like gardening, cooking, or mechanical tinkering. Aside from the intrinsic satisfaction of learning how to write fieldnotes, perform a multinomial logistic regression, or plot a social network visualization, doing so has two big practical advantages: 1) you will understand your substantive readings better if you understand the methods used to write them and 2) employers tend to be impressed by technical skills.

You have the opportunity not just to complete your degree requirements but to thrive and learn new approaches for systematic inquiry into the most important and interesting issues in social life. In this handbook you will find various resources and advice on how to make the most of your time earning your sociology BA and to deal with problems that may occur. I urge you to read this handbook and consult your professors and the department staff throughout your time here. Your time here will go faster than you think and everyone wants to see you make the most of it!

Welcome,
Gabriel Rossman
Associate Professor and Vice-Chair for Undergraduate Studies
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WHAT IS SOCIOLOGY?

According to the American Sociological Association (ASA):

SOCIOLOGY is:

- the study of society
- a social science involving the study of the social lives of people, groups, and societies
- the study of our behavior as social beings, covering everything from the analysis of short contacts between anonymous individuals on the street to the study of global social processes
- the scientific study of social aggregations, the entities through which humans move throughout their lives'
- an overarching unification of all studies of humankind, including history, psychology, and economics

The scope of the discipline is as broad and diverse as social life itself. Sociologists study social interaction and relationships, organizations and institutions, communities, and whole societies. The methods of sociological investigation are also varied: sociologists immerse themselves in the daily life of groups, interview group participants, examine recorded interaction, interpret historical documents, analyze census data, and conduct large surveys. The methods and concepts of sociology yield powerful insights into the social processes shaping lives, problems, and possibilities in contemporary society. The capacity to identify and understand these processes -- a capacity which C.W. Mills called the "sociological imagination" -- is valuable preparation for personal and professional participation in a changing and complex world.

In addition to contributing to a liberal arts education, the sociology major prepares individuals for a broad range of career options and graduate and professional studies. Employment opportunities available to the graduate with a Bachelor of Arts (BA) in sociology include work in community service organizations, health agencies, government service, human resources, and many other fields. The major also provides a foundation for students planning careers in law, social welfare, urban planning, business, education, and public health, as well as for graduate work in sociology, social psychology, and related fields.
SOCIOLOGY @ UCLA

With over 1,200 students in the undergraduate major, the UCLA Department of Sociology is one of the largest in the country. The Sociology faculty are widely regarded as among the best in the world and include internationally renowned scholars addressing an amazingly broad range of topics from the dynamics of social interaction to the impact of globalization. The department boasts outstanding teachers and excellently trained teaching assistants. Our honors program has a record for training students in the fundamentals of research, and generating honors theses of substantial accomplishment.

FACULTY

Faculty members serve as resources for undergraduates. Students are strongly encouraged to take advantage of faculty availability during scheduled office hours. Office hours provide students with an opportunity to get course materials clarified, delve into a specific topic in the course, or just to get to know professors and/or teaching assistants better. Each instructor will provide you with their room number and office hours. The Sociology Department web page lists faculty members and their research interests (www.sociology.ucla.edu/faculty). Students are encouraged to meet with faculty members early and often to learn more about Sociology courses, fields of research, and graduate study.

Some questions you can bring to your professor or TA during office hours:

- How did you become interested in Sociology?
- Where do you see your field of research heading in the next 5 years?
- What is one thing you want all your students to remember?
- How do I improve my writing?
- What do you like most/least about teaching?
- What is one skill that you wish you would have learned during undergraduate study?
ACADEMIC ADVISING: WHAT TO EXPECT AND HOW TO GET HELP

If you have a question about the Sociology major (such as course petitions, major requirements, declaring the major, enrolling in Sociology courses, etc.) you should contact one of the Sociology Undergraduate Advisors:

Simbi Mahlanza  
254E Haines Hall  
(310) 825-1215  
Mahlanza@soc.ucla.edu  
Drop-In Hours: 9:00am-12:00pm, 1:00-4:00pm

Natalie Dickson  
254D Haines Hall  
(310) 206-3662  
ndickson@soc.ucla.edu  
Drop-In Hours: 1:00-4:30pm*  
*Drop-In hours vary by week, posted outside of office  
Schedule an appointment: calendly.com/nataliedickson

You can also contact us via Message Center (through MyUCLA)

For all other questions/concerns regarding degree progress (e.g. GE/IGETC, ECP, unit requirements for residency, min/max for graduation, etc.) you would go to your College Counseling Unit as follows:

AAP Counseling: 1209 Campbell Hall, (310) 825-1481

Honors Programs: A311 Murphy Hall, (310) 825-1553

Athletics: JD Morgan Center, 1st Floor, (310) 825-8699

And if not in one of those programs, then all other students go to:

College Academic Counseling: A316 Murphy Hall, (310) 825-3382

*Note that you will work collaboratively with both your COLLEGE counseling unit and MAJOR advisors during your time at UCLA. Here are some examples of the questions each respective advisor can address:

- **College Counselors:** degree requirements for graduation; program planning (double majors, adding minors, etc.); scholastic difficulty (academic probation, etc.); readmission; College of Letters and Science academic policies; adding/dropping courses; petitions

- **Major (Departmental) Counselors:** declaring a major; major course planning; enrollment into major courses; course substitutions for the major; major-related career or graduate school advice; departmental research
Just like the syllabi for your courses, this Academic Advising Syllabus serves as a guide for your interaction with advisors at UCLA. Academic advising is much more than helping to choose courses, as we are here to assist in your personal and professional development, and support you in developing and reaching your goals.

ACADEMIC ADVISING SYLLABUS

Our Mission

Academic advising is an integral component of your learning and development at UCLA. Our mission is to cultivate an advising culture that nurtures your growth, allowing you to draw connections between all aspects of your undergraduate experience. These correlations will help you to understand the value of your undergraduate education as it relates to your personal and professional aspirations. Through a developmental, learning-centered philosophy, we advise the whole student, acknowledging that all aspects of your individuality inform your scholarly identity. Academic advisors support you in your intellectual, professional, and personal goals, while upholding the integrity of the institution.

The Advisor-Student Partnership

Student Responsibilities

Effective academic advising requires deep engagement and responsibility from both advisor and student. To participate fully in this academic advising experience, you will need to:

- be accountable for your own educational and personal trajectories
- be respectful of yourselves, your peers, faculty, staff, and the institution
- meet regularly with your academic and departmental advisors, and collaborate with them as you make important academic and professional decisions
- be intentional about your undergraduate goals and priorities
- work with your advisors to understand the logic and value of your undergraduate education
- be informed about rules, regulations, policies, and degree requirements, and ask for clarification when necessary
- maintain the accuracy of your academic record
- be proactive in seeking information, support, and knowledge
- be transparent about your academic goals, personal circumstances, and any other factors that may impact your academic performance
Advisor Responsibilities

Driven by our advising core values of **accountability, compassion, fairness, integrity, and respect**, we are committed to:

- creating a safe space to facilitate interaction with you by utilizing counseling skills and techniques
- recognizing and responding to diverse student needs to foster an inclusive advising culture
- supporting you as you create your own academic plan that highlights your skills and interests
- collaborating with you and encouraging you to make informed decisions by exploring your options, as you make important academic and professional decisions
- helping you to make connections between your intellectual, professional, and personal short- and long-term goals
- providing you with accurate and consistent information regarding policy, rules, regulations, and degree requirements
- advocating for both you and the institution, and using sound judgment in navigating this continuum
- introducing you to academic, co-curricular, and extra-curricular opportunities
- teaching you to understand the logic and value of your undergraduate education
- empowering you to become independent, self-directed, and self-motivated
- supporting you through your transitions within and beyond the University
- communicating with campus partners and referring you to appropriate campus resources to facilitate your success and well-being
- collaborating with faculty, and administrative and student staff, to help you understand how they may support your development
- inspiring you to understand the significance of the learning process in order to foster growth, resilience, self-reflection, and life-long learning
# Academic Advising Objectives

Academic Advisors aim to collaborate with you to support your intellectual, professional, and personal development. The following objectives seek to foster your success and well-being within and beyond the University.

<table>
<thead>
<tr>
<th>Intellectual Development</th>
<th>Professional Development</th>
<th>Personal Development</th>
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<td>introduce students to the structure and rationale of the degree, including university, college/school, and major/minor requirements</td>
<td>learn about students’ post-graduate aspirations and work with students to create a plan to achieve those goals</td>
<td>initiate conversations with students about the accomplishments and challenges of their transition to UCLA and their undergraduate experience</td>
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<td>familiarize students with the UCLA Degree Audit (DAR), MyUCLA, and enrollment, registration, study list deadlines, and academic rules and regulations</td>
<td>introduce students to research, study abroad, internship, and service-learning opportunities, and refer them to the appropriate offices</td>
<td>familiarize students with campus resources for academic support and personal well-being</td>
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<td>work with students to select a major/minor that aligns with their skills and interests</td>
<td>inform students about student groups and organizations that will provide them with valuable leadership and team-work experiences</td>
<td>learn which resources students are using, and continue to encourage the utilization of campus resources</td>
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<td>discover what students want to achieve during their undergraduate education beyond completing major/minor and degree requirements</td>
<td>recommend that students create a UCLA Handshake account, and refer them to the Career Center to learn about options of and pathways to dynamic careers in various fields, and to utilize their services and career assessment tools</td>
<td>inspire students to self-reflect and assess their own progress, personal development, and well-being</td>
</tr>
<tr>
<td>learn about students’ intended goals for the academic year and brainstorm together an action plan for accomplishing their objectives</td>
<td>discuss the transferrable skills acquired from the students’ undergraduate experience that relate to their post-graduate aspirations</td>
<td>encourage students to build community by participating in extra-curricular and co-curricular opportunities</td>
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<tr>
<td>advise students to meet with their major/minor department advisors to review progress toward degree, satisfaction with major/minor, and post-graduate options</td>
<td>encourage students to establish and to maintain relationships with faculty and/or staff members who can serve as mentors</td>
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<td>ask students to articulate what they have been learning, and guide them to relate this knowledge across disciplines, and beyond the scope of the University</td>
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THE SOCIOLOGY MAJOR REQUIREMENTS

Transfer Students

I. Preparation for the Major: The student who wishes to become a Sociology major must first complete three preparatory courses listed below. All of these courses must be taken for a letter grade and must be completed before declaring the major. A grade of “C” or better is required in each of the preparatory courses. Students who repeat any preparation course more than once are automatically denied admission to the major.

- Sociology 1 (Introductory Sociology)
- One Statistics course chosen from:
  - Political Science 6 (Introduction to Data Analysis)
  - Statistics 10 (Introduction to Statistical Reasoning)
  - Statistics 13 (Introduction to Statistical Methods for Life and Health Sciences)
- Sociology 20 (Introduction to Sociological Research Methods)

II. Requirements for the Major: The major in sociology requires 11 upper division courses. At least seven of the upper division sociology courses must be taken in residence at UCLA (Soc 101 & 102, methods, 3 core, and 1 elective). Students are urged to complete Sociology 101, 102 and the "Core" courses as early as possible and before taking other upper-division courses. Soc 101 and 102 must be completed with a grade of “C” or better. Students are required to maintain a 2.0 overall GPA average in all upper-division sociology courses. All courses must be taken for a letter grade.

- Two theory courses:
  1.) Sociology 101 (Development of Sociological Theory)
  2.) Sociology 102 (Contemporary Sociological Theory)
- One methods course, choose from one of the following courses:
- Three Core courses, one course from each of the following Core areas:
  1.) Interactions (Soc 111*, M124A*, CM125, 126, 128, 130, 132, 133, 134, 145, 152)
  2.) Institutions and Social Processes (Soc 116, 117, 121, 143, 151, 158, 168, 169, 170, 171, 172, 173, M174, M175, M176, 181B)
  3.) Power and Inequality (Soc M115, 122, 154, M155, 156, 157, M161, M162, M163, M164, M165, 181A, 182, 183, 185, 186)
- Five additional upper division sociology courses

Notes:

- Sociology 191 courses are small seminars for juniors and seniors. These courses count as upper division sociology electives.
- Any upper division sociology courses not used for the theory, statistical methods, or core requirements can count as upper division sociology electives (e.g. taking a second interactions core course).
- *Soc 111 or M124A may be applied towards either the Methods or Interactions requirement, but not both
- Up to 4 sociology upper-division electives can be fulfilled through UCEAP or other approved courses at UCLA (https://soc.ucla.edu/content/approved-sociology-upper-division-electives)
UNDERSTANDING YOUR DEGREE

For a degree in the College of Letters & Science you need:

1. **180 units** [lower-division (1-99) **OR** upper-division (100-199)]
2. **60 upper-division units** (courses numbered 100-199, **ANY** department)
   - Note that upper-division units counting toward the 60 **ALSO** count toward the 180
   - The Sociology major only requires ~46 upper-division units, meaning there are additional upper-division units needed to meet the overall DEGREE requirements.
   - Often students will also need additional units outside of their major to meet the 180 unit requirement.
   - As a reminder, courses to meet the 180 requirement can be lower-div (1-99) **OR** upper-div (100-199). *Transfer students usually bring in 90-105 lower-division units from their community college.*

**IGETC**

Students who were admitted as transfer students and attended a California community college can satisfy UCLA College General Education (G.E.) and College Proficiency Requirements* by showing successful completion of IGETC (Intersegmental General Education Transfer Curriculum).

If you have completed IGETC, please do the following:

1.) Obtain verification of IGETC from your community college.
   a. Request that the verification be sent directly to you. Verification is either a (1) IGETC Checklist signed by a community college counselor or (2) a notation on your community college transcript.

2.) Submit the IGETC verification to your **college counseling unit**.

If you have partial completion of IGETC, please do the following:

1.) Obtain verification of what IGETC Requirements have been fulfilled from your community college.
   a. This verification is typically an IGETC Checklist signed off by a community college counselor.

2.) Once you have the verification, please schedule an appointment with an **Academic (College) Counselor** to discuss completing IGETC.

*University Requirements (Entry-level Writing and American History and Institutions) are not automatically satisfied with IGETC.

Information on IGETC courtesy of College Academic Counseling: [https://cac.ucla.edu/academic-planning/completing-igetc/](https://cac.ucla.edu/academic-planning/completing-igetc/)
FOCUSING YOUR STUDIES IN SOCIOLOGY

The "Core" requirement for the major exposes students to the areas of Interaction, Institutions, and Social Processes, and Power and Inequality. The breadth of sociology, however, allows you to pursue a variety of career and intellectual objectives. The following professional and sociological areas of interest may suggest possibilities for organizing your course selection.

Professional Interests

Law & Healthcare: M115 Environmental Sociology; 143 Human Health and Society; 145 Sociology of Deviant Behavior; 147A Sociology of Crime; 147B Sociology of Criminal Justice; 149 Youth, Trouble and Juvenile Justice; 169 Law and Society; 170 Medical Sociology

Social Welfare and Human Services: 122 Sociology of Violence; M124A-B Conversational Structures I & II; 132 Social Psychology: Sociological Approaches; 134 Culture and Personality; 145 Sociology of Deviant Behavior; M148 Sociology of Mental Illness; 149 Youth, Trouble and Juvenile Justice; M150 Sociology of Aging; M174 Sociology of the Family

Business & Management: M115 Environmental Sociology; M163 Gender and Work; 168 Organizations and Society; 171 Occupations and Professions; 172 Entrepreneurship; 173 Economy and Society

Sociological Interests

Social Psychology and Social Interaction: 121 Sociology of Religion; Sociology 122 Sociology of Violence; M124A Conversational Structures I & II; CM125 Talk and Social Institutions; 126 Study of Norms; 127 Mind and Society; 128 Sociology of Emotions; 129 Sociology of Time; 130 Self and Society; 132 Social Psychology: Sociological Approaches; 133 Collective Behavior; 134 Culture and Personality; 145 Sociology of Deviant Behavior

Comparative and Regional Studies: M178 Sociology of the Caribbean; 181A-B State and Society in China; 183 Comparative & Historical Sociology; 186 Latin American Societies

Immigration & Ethnicity: 151 Comparative Immigration; 152 Comparative Acculturation and Assimilation; M153 Chinese Immigration; 154 Race & Ethnicity: International Perspectives; M155 Latinos in the United States; 156 Race and Ethnicity in American Life; 158 Urban Sociology; M161 Comparative American Indian Societies

Social Demography: 112 Introduction to Mathematical Sociology; 113 Statistics and Computer Methods for Social Research; 116 Social Demography; 117 Family Demography; M150 Sociology of Aging; 157 Social Stratification; M174 Sociology of the Family

Core Social Institutions and Processes: 157 Social Stratification; 168 Organizations and Society; 169 Law and Society; 171 Occupations and Professions; 173 Economy and Society; M174 Sociology of the Family; M175 Sociology of Education; M176 Sociology of Mass Communication; 182 Political Sociology; 185 American Society

Race, Class and Gender: 154 Race & Ethnicity; 157 Social Stratification; M162 Sociology of Gender; M163 Gender and Work; M164 Politics of Reproduction; M174 Sociology of the Family
SPECIAL PROGRAMS IN SOCIOLOGY

Sociology 195CE Community or Corporate Internship

Receive academic credit for an internship! 195CE internship courses offer 4-unit independent study opportunities for juniors and seniors. Students typically work 8-10 hours per week and must be supervised at a professional off-campus workplace. Paid or unpaid internships with corporate, non-profit or government agencies can qualify for academic credit.

In order to enroll in a SOC 195CE course students must:

1.) Be Junior or Senior status (completed 90 or more units) and good academic standing (at least 3.0 GPA)
2.) Identify an internship. This may be an office or organization you currently work with, or students can find an internship through the Career Center: www.career.ucla.edu
3.) Schedule an intake appointment with the Sociology 195CE coordinator:
  cclmeetings@college.ucla.edu or call (310) 825-7867
  i. Note: enrollment is on a first-come, first-served basis and students must enroll in this course by Friday of Week 2 of the quarter they wish to complete the course.
4.) The SOC 195CE coordinator must approve the internship site and review the contract course form
5.) Students must obtain the signature of the internship site supervisor

For more information:
Center for Community Learning: A265 Murphy Hall, (310) 825-7867
www.uei.ucla.edu/communitylearninginternships.htm

**You can enroll in Sociology 195CE for one quarter only. Sociology 195CE counts as an upper division sociology elective for the major. You must enroll in this course for 4 units and a letter grade.

Sociology 199 (Independent Research)

For sociology students with junior or senior standing and a grade point average of 3.0 or more in the major, up to 8 units* (2 courses, one per quarter) may be taken as Sociology 199 (Independent Studies) courses. This requires special arrangement with a faculty member and with the approval of the department Vice Chair. Students interested in completing a SOC 199 course must:

1.) Identify a faculty member they would like to work with.
2.) Approach the faculty member to see if they would be willing to serve as a faculty mentor.
3.) Create a contract through MyUCLA for the SOC 199 course, which will include a proposal for the work to be completed.
4.) Get approval from the faculty member and have them sign off on the contract.

*note that students can take up to 16 units of 199 coursework, but only 8 units can apply toward Sociology upper-division electives.

For more information about this process, please contact either Simbi or Natalie.
**Specialization in Computing**

Sociology majors may select a specialization in computing by (1) satisfying all the requirements for a bachelor's degree in sociology, (2) completing Program in Computing 10A, 10B, 10C (3 courses) and (3) completing Sociology 111 and 113. All courses must be taken for a letter grade. After completing all of these requirements, students can visit either Natalie or Simbi to declare the specialization. Students graduate with a bachelor’s degree in Sociology and a Specialization in Computing.

**The Sociology Honors Program/Departmental Honors**

The Sociology Departmental Honors Program is a 3-to-4 quarter independent research project, culminating in a senior thesis. This program emphasizes the development of practical and intellectual skills to do sociological research. A fundamental aim is to equip students with the tools to carry out their own investigation using empirical research methods. Writing an honors thesis is an excellent opportunity to apply sociology to answer students’ own questions about social life. It provides students with useful skills in formulating questions, drawing conclusions from their findings, and fine-tuning arguments; skills that are important in many professions or occupations. The senior thesis serves as an impressive writing sample for those students applying to graduate or professional schools.

**Requirements:**

- 3.5 GPA overall
- Soc 20
- Soc 101
- Soc 102 *(prior to or concurrent with Honors)*

The program begins in the Spring of third year with a regular seminar (Soc 191H – a methods course for the Sociology major) that meets once a week. This course provides hands-on training in methods of sociological research. The emphasis is on practical skills covering the sociological survey (questionnaire design, interviewing and data analysis), participant observation, secondary analysis of government data, the focus group and the literature survey. In addition to readings and discussions about research-related issues, you will complete several hands-on exercises, including field observations and life-history interviews. This first quarter is also when you define your own project and match your research questions with appropriate research methods.

In the following Fall, you would be enrolled in Soc 198A (Sociology elective) and would collect data and read more of the relevant literature. (In some cases, when a student has already a defined research question and has begun data collection, they may be permitted to enter the program during the Fall quarter.) The Fall seminar only meets a few times as a group, but you will meet regularly with Professor Berend in one-on-one tutorials. You are expected to have completed your data collection by the beginning of the Winter Quarter, in order to leave ample time for organizing the data, reading, and writing (Soc 198B). You would finish the Thesis in the Spring Quarter (Soc 198C) and present your work at the Departmental Honors Thesis Conference. Every year, the Leo Kuper Prize is given to the best thesis.
You will receive help and guidance at each and every stage of the process from both Prof. Berend and also from a graduate student mentor, who will help with literature searches, methodology and writing. You will learn about how to compete for stipends for undergraduate research that range from $1000 to $5000. Each year, the program nominates interested and deserving students for the American Sociological Association (ASA) Honors section, which provides a wonderful opportunity to attend the largest sociological association in the country, hear talks, and participate in workshops with honors students across the country.

Course credit and letter grades are awarded on a quarter-by-quarter basis. If you complete the entire sequence of course work and submit an acceptable thesis, you will graduate with Departmental Honors and be recognized during commencement. Departmental honors is designated on the diploma.

**The next honors thesis program begins in Spring Quarter 2019.** After acceptance into the honors program, students are required to take Sociology 191H (methods), 198A, 198B, and 198C (honors thesis seminars) which may be applied as electives toward the major requirements.

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**The Sociology Honors Society (Alpha Kappa Delta)**

Alpha Kappa Delta (AKD) is an international sociology honors society. Requirements for membership are 90 completed units, a 3.3 grade point average overall and 3.0 grade point average in sociology, and the completion of four graded courses in sociology (upper or lower division). A one-time membership fee of $50 provides lifetime membership, a one-year subscription to the society's journal, and a membership certificate. Membership information and application are available at [www.sociology.ucla.edu/undergraduate/AKD](http://www.sociology.ucla.edu/undergraduate/AKD).

The deadline to apply is **June 28th 2019**.
STUDY ABROAD FOR SOCIOLGY MAJORS

LOCATIONS

Students can take Sociology courses in many locations around the world, here are a sample few:

Recommended

- UCEAP McGill University
- UCEAP Chilean Universities
- UCEAP University of Copenhagen
- UCEAP UC Center Paris
- UCEAP University of Ghana
- UCEAP University of Singapore
- UCEAP New Zealand
- UCEAP University of Hong Kong
- UCEAP University of Barcelona

SOCIOLGY ABROAD

UCLA Sociology Department guidelines for UCEAP courses:

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<th>Recommended</th>
<th>Other Notes</th>
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**UCEAP courses may be applied toward UCLA Sociology...**

- Upper-Division Major Elective Courses
  The UCEAP course must be 4 units, upper division, & taken for letter grade. Petition & approval required by the Sociology Department.

- Sociology 20 cannot be taken abroad
- A maximum of 4 UCEAP courses may be applied to the upper-division Sociology elective requirement
- Students are not restricted to taking courses only in their major abroad. You may also consider courses abroad to satisfy GE, minor, foreign language & upper division requirements.
# Study Abroad for Sociology Majors

## Course Credit Process

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<th>Discuss</th>
<th>Petition</th>
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<tr>
<td><strong>1</strong> Review</td>
<td>Review your remaining UCLA degree requirements (GE, pre-major, major, minor, foreign language &amp; upper division).</td>
<td>Search UCEAP courses - identify courses you think are comparable to your UCLA degree requirements. Complete the Academic Planning Form (APF).</td>
<td>Discuss the APF with your UCLA academic advisor. Seek feedback on the likelihood of UCEAP courses fulfilling your UCLA degree requirements.</td>
<td>Petition with your UCLA academic advisors to receive UCEAP course credit toward your UCLA degree requirements; attach syllabi.</td>
</tr>
</tbody>
</table>

### Before going abroad

### After returning

## Terms Abroad

Study abroad is possible as early as summer after your first year and, as late as summer after your last year, and anywhere in between. Start planning now to determine which term is best for you! Tips:

- Form your 4-year UCLA academic plan early to map your “least flexible” degree requirements to take at UCLA & your “most flexible” requirements to take on UCEAP. Consider if any classes are only offered in specific terms at UCLA.
- If you wish to take GE and pre-major coursework abroad, studying abroad early in your academic plan makes sense. Alternatively, you could plan to “reserve” some GE courses for study abroad later on.
- If you wish to take major coursework abroad, study abroad during your 2nd, 3rd or 4th year makes sense. Keep in mind that - unless you plan well - your remaining degree requirements may become less flexible later on.

## Contacts

### UCLA International Education Office

Study Abroad Advisor: Varies
1332 Murphy Hall
ieo.ucla.edu
info@ieo.ucla.edu
310-825-4995

### UCLA Sociology Department

Academic Advisors: Simbi Mahlanza & Natalie Dickson
254E (Simbi) & 254D (Natalie) Haines Hall
website: sociology.ucla.edu
mahlanza@soc.ucla.edu & ndickson@soc.ucla.edu
tel: 310-825-1215 (Simbi) & 310-206-3662 (Natalie)
Explore cutting-edge, urban, cultural and political issues and the trendiest neighborhoods in the country’s largest city. See first-hand how a city of 9.2 million goes about its daily life. Visit the brand new World Trade Center memorial site, the sensational new High Line Park, and learn about attempts to “green” the city, and its spectacular success in reducing crime.

Hear how the “Big Apple” is dealing with its challenges as the largest public school system in the country, and see first-hand how the city hosts star high-tech companies such as Google and Apple, nurtures thousands of start-ups and is a new media center. View the latest architecture, discuss the changing role of museums, and visit Chelsea, the largest Contemporary Art gallery district in the world. Learn about the new world of journalism, newspapers, television, and magazines.

See how the film and television industry and Broadway and today’s contemporary theater works, and hear first-hand about the turbulent history of Spiderman, the most expensive Broadway show ever. Visit the United Nations and learn about New York as a global city.

**Required Courses**

All students will enroll in two required courses:

- **SOCIOL 191NY**: Urban and Suburban Sociology in New York City (5 units)
- **SOCIOL 191R**: Cultural Sociology (5 units)

Prerequisites: None

**Optional Courses**

**SOCIOL 199**: Directed Research (4 units)*

*If desired, students may choose to enroll in one SOCIOL 199 course in addition to the two required courses.

More information: [https://ieo.ucla.edu/travelstudy/Sociology-NYC/](https://ieo.ucla.edu/travelstudy/Sociology-NYC/)
UCLA CAMPUS RESOURCES

Bruin Resource Center - https://www.brc.ucla.edu/

About: The UCLA Bruin Resource Center (BRC) can enrich your experience by providing valuable resources, services and learning opportunities and by promoting a supportive and inclusive campus community. The BRC serves all UCLA students, with a particular focus on current and former foster youth, students with dependents, students in recovery, student veterans, transfer students, and undocumented students. The BRC also offers programs that promote holistic development and education of the student and the larger campus community. These programs include Intergroup Relations and the GRIT peer coaching program.

Contact:
Hours: Monday- Friday from 9am - 5pm
Location: Student Activities Center, Suite B44
220 Westwood Plaza
E-Mail: brc@saonet.ucla.edu
Phone: 310.825.3945

Career Center – https://www.career.ucla.edu/

About: The UCLA Career Center assists students with job search strategies, career counseling, preparation for graduate and professional schools, and more!

Contact:
Hours: Monday- Friday from 9am - 5pm
Location: 501 Westwood Plaza, Strathmore Building
North Entrance, 2nd & 3rd Floors
Phone: 310.206.1915

Center for Accessible Education (CAE) - https://www.cae.ucla.edu/

About: UCLA’s Center for Accessible Education (CAE) facilitates academic accommodations for regularly enrolled, matriculating students with disabilities. The CAE provides access to the numerous educational opportunities available to students on our campus and empowers students to realize their academic potential.

Contact:
Hours: Monday- Friday from 8am - 5pm
Location: A255 Murphy Hall
Phone: 310.825.1501
Scholarship Resource Center - http://www.scholarshipcenter.ucla.edu/

About: find scholarships, schedule a scholarship essay consultation, and get a proofreading appointment

Contact:
Hours: During the academic year: 11am to 6pm, Monday through Friday.
       During the summer: 12pm to 5pm, Monday through Friday.
Location: 233 Covel Commons
          330 De Neve Drive
E-Mail: src@college.ucla.edu
       Phone: 310.206.2875
       Facebook: uclasrc
       Twitter: UCLASRC

Students with Dependents Program - https://www.swd.ucla.edu/

About: The Students with Dependents Program provides caring and personalized support to UCLA students who are parents, guardians, and caregivers at the undergraduate, graduate and professional school level. The program is committed to helping student success, both as parents and scholars, by offering programs and advocacy that enrich and support parenting student’s academic, personal, and professional goals.

Contact:
Drop-In Hours to meet with Staff:
Mondays: 10:30 a.m. – 12:30 p.m.
Tuesdays: 1:00 p.m. – 3:00 p.m.
Thursdays: 1:00 p.m. – 3:00 p.m.
Location: Student Activities Center, Suite B44
E-Mail: swd@saonet.ucla.edu
       Phone: 310.794.1823

Transfer Student Center - https://www.transfers.ucla.edu/

About: The Transfer Student Center is UCLA’s central hub for all things transfer! Be sure to check out many of the resources available to you, the transfer timelines to help you map out your time at UCLA, campus wide transfer specific events, ways to get involved and more! If you are a prospective transfer there are many resources that may be helpful, you can see them here.

It is the Transfer Student Center’s mission to help you hit the ground running and make the most of your time at UCLA. Follow us on Facebook and Instagram and join the UCLA Transfer Student Community!

Contact:
Regular Hours: Monday - Thursday 9am - 5pm, Friday 9am - 2pm
Summer Hours: Monday - Thursday 10am-4pm, Friday 10am-4pm
Location: 128 Kerckhoff Hall
Email: transfers@saonet.ucla.edu
       Phone: 310.206.3552
Undergraduate Research Center – Humanities, Arts, and Social Sciences - http://hass.ugresearch.ucla.edu/

About: find research opportunities, learn about the Student Research Program (SRP), learn about research fellowships, and more!

Contact:
Location: A334 Murphy Hall
Phone: 310.825.2935
E-mail: urhass@college.ucla.edu

Veteran Resource Center - https://www.veterans.ucla.edu/

About: The Veteran Resource Center (VRC) provides caring and personalized support to UCLA undergraduate and graduate student veterans. We help our veterans navigate UCLA and provide a welcoming space, mentoring from student veterans, guidance on educational benefits, and tools to succeed academically and personally.

Contact:
Drop-In Hours to meet with Staff:
Mondays: 10:30 a.m. – 12:30 p.m.
Tuesdays: 1:00 p.m. – 3:00 p.m.
Thursdays: 1:00 p.m. – 3:00 p.m.
Location: Kerckhoff Hall, Suite 132A
E-Mail: eives@saonet.ucla.edu
Phone: 310.206.3819

Other Resources:

- **Bruin Online**
  Visit Bruin Online to access email accounts, web hosting, learn how to connect to campus networks, and for free software and support.

- **Campus Information & News**
  Campus directory, statistics, the weather at UCLA and more.

- **Early Care & Education**
  Operates child care centers serving the UCLA community.

- **Equity, Diversity & Inclusion**
  Provides information on discrimination prevention at UCLA.

- **Evening Escorts from UCLA Security Officers**
  Campus Security Officers provide walking escort services daily from dusk until 1:00 a.m. Dial (310) 794-WALK.

- **International Scholars Resources**
  Overview of UCLA’s Dashew Center for International Students and Scholars.
• Libraries, Centers, & Institutes
   Learn about our campus libraries and research centers.

• my.UCLA
   Personalized web portal for the UCLA community.

• Ombuds Services
   Offers mediation and dispute resolution services for UCLA students, staff, and faculty on a confidential basis.

• Restaurants & Cafes at UCLA
   On-campus cafe, coffee shop, and restaurant hours and locations.

• Student Legal Services
   Provides legal counseling and assistance to all currently registered and enrolled UCLA students.

• Summer Sessions & Special Programs
   Browse the Summer Session schedule and course listings.

• Technology Development Group
   Formerly the Office of Intellectual Property and Industry Sponsored Research, the UCLA Technology Development Group provides guidance on appropriate methods for promoting and protecting intellectual property created at UCLA.

• Title IX Office/Sexual Harassment Prevention
   Provides individual consultations and information about campus policies regarding sexual harassment.

• UCLA Store
   Online shopping for apparel, textbooks, computer hardware and software.

• University Credit Union
   On-campus credit union offering free checking, ATMs, student loans, and computer & car loans.

• University Parents Nursery School
   The nursery is a cooperative school for 2 to 5 year-old children of UCLA students, faculty, and staff.
Basic Needs Resources at UCLA

Did you know that approximately 48% of undergraduate students across the UCs experience some form of food insecurity?¹

If you or a friend are experiencing food or housing insecurity, we encourage you to access the resources available at UCLA:

CalFresh - CalFresh is California’s version of SNAP (Supplemental Nutrition Assistance Program), a federally-funded food assistance program, colloquially known as food stamps. Eligible students can receive up to $192/month for groceries. Most students qualify for CalFresh if they have work study, receive CalGrant A or B, have a child, or work over 20 hours per week outside of UCLA.

Dig: Campus Garden Network - Dig is a student group on campus that focuses on using student driven research and peer learning to educate one another about food, activism, health, and sustainability.

Community Programs Office - The CPO strives to increase students from underserved communities' access to higher education, retention in the university, and graduation rates while also serving as a conscious effort in the community, working toward the empowerment of all people.

CPO Food Closet - The Community Programs Office Food Closet provides free food for any UCLA student who may be experiencing hunger and/or struggling to attain food due to financial hardships.

CPO Grocery Shuttle - The CPO Grocery Shuttle aims to provide students free transportation to affordable and healthy grocery stores. The service will run Mon and Wed evenings at 6:30PM and Sundays at 11am.

Economic Crisis Response Team - The Economic Crisis Response Team (ECR TEAM) provides support and guidance to students who have self-identified, or are identified by UCLA faculty or staff, as experiencing a financial crisis that impacts their academic success at UCLA.

Financial Wellness Program - The mission of UCLA’s Financial Wellness Program is to empower all Bruins to confidently navigate their finances in a way that supports their overall well-being.

[FITTED] Eats - Tuesdays from 4:00-5:00 in the Student Activities Center basement. A healthy snack is provided along with informative sessions taught by Residential Life’s Registered Dietitian, Eve Lahijani. Wide variety of themes covered including conscious eating, nutritional awareness, stress-management, body image, and more!

580 Cafe - 580 Café is a space for students to break bread & build relationships through food, conversation, study and arts.

Other Resources:

UCLA Food Security Resources

UCLA Housing Security Resources

Healthy Campus Initiative

Tips for Reading, Writing, and Surviving the Sociology Major

Students who are used to reading textbooks should be aware that textbooks do not adequately prepare them for doing work in classes that utilize scholarly articles and books and/or chapters from books as readings for the course. Critical reading is a skill students must master.

The skills to develop are the following:

- Recognize the main arguments the author(s) are making
- Recognize any arguments against the author’s work
  - Who is the author in conversation with?
- Carefully evaluate the evidence/data the author is using to build their argument
  - Is the evidence convincing? Credible? Why or why not?

Handouts and resources from the Undergraduate Writing Center:

Writing at the University

- Beyond the 5-Paragraph Essay
- Writing Tips for Transfer Students

Pre-Writing

- Breaking Down Your Reading Assignment
- Reading Essay Prompts
- Dealing with Writer’s Block

Writing: Getting Started

- Thesis Statements — “Although …, my opinion is …” Thesis Structure

Writing: Sentences & Transitions

- Sentence Building Blocks
- Relative Clauses
- Conditional Sentences
- Sentence Transitions

Revising for Content and Organization

- Reverse Outlining
- Integrating Quotes

Proofreading/Grammar

- Proofreading Strategies
- Rules about Noun Form/Articles & Editing Advice
- Verb Chart
• Active vs. Passive Voice
• Pronoun Antecedent
• Rules for Using Commas
• Common Sentence Structure Problems
• Common Grammar Mistakes

Citing Your Sources
• MLA Formatting & Works Cited Page
• APA Style: In-text Citations & Reference Page
• Chicago Style: Footnotes/Endnotes & Bibliography Page

Writing Personal Statements & Statements of Purpose
• Writing a Personal Statement or Statement of Purpose
• 3 Pre-Writing Activities: Getting Started on Your Personal Statement or Statements of Purpose

Resumes & Curriculum Vitae (CVs)
• Resume Basics
• Checklist for Evaluating Your Resume
• Checklist for Evaluating Your Curriculum Vitae (CV)

Writing Research Papers
• Writing Research Paper Introductions
• Writing the Literature Review for Research Papers
• Pre-Writing Activity: The Literature Review
• Checklist for Evaluating Your Literature Review

Writing a Research Proposal
• Writing a Research Proposal
• Sample Texts — Parts of the Research Proposal

Tips for Doing Research
• WI+RE Research Tips